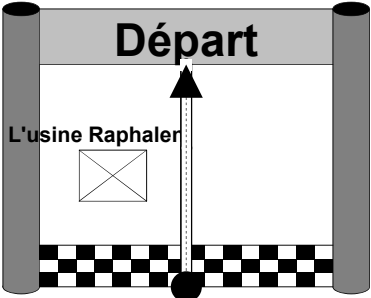
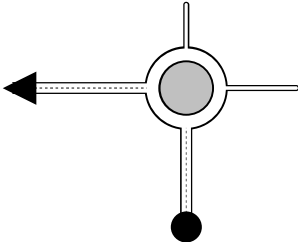
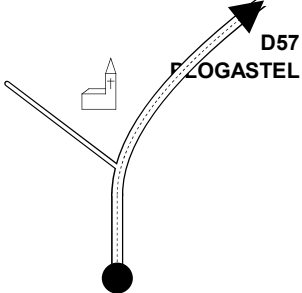
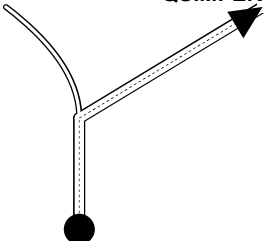
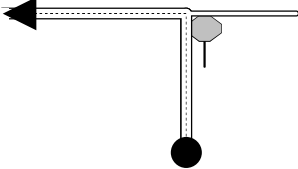
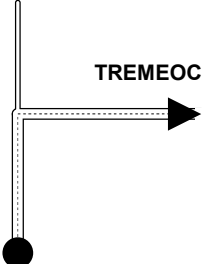
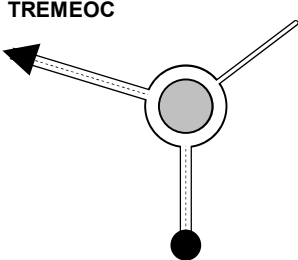
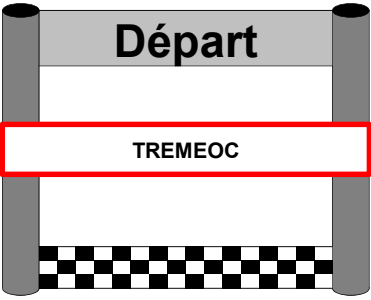
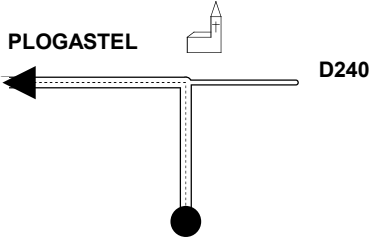
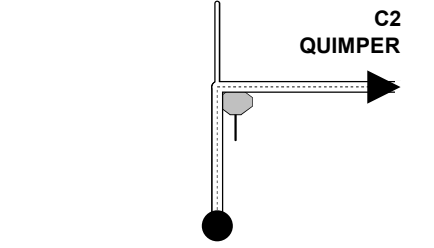
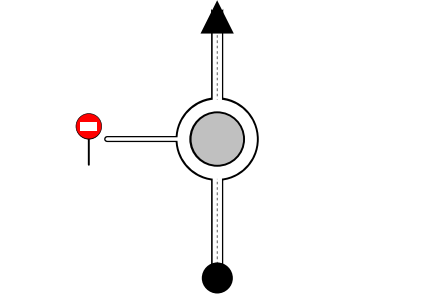
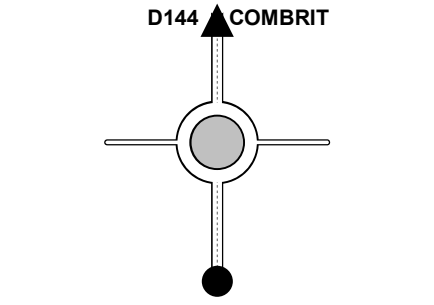
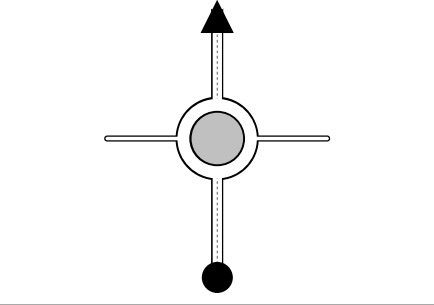
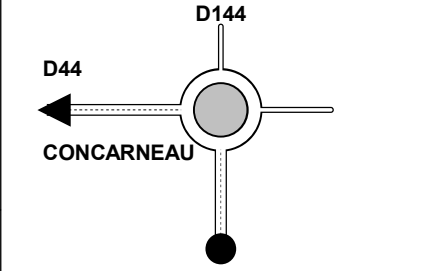
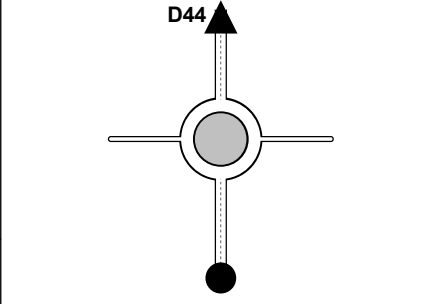
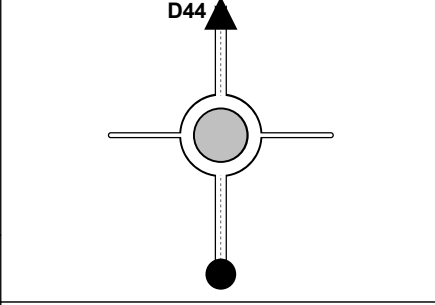
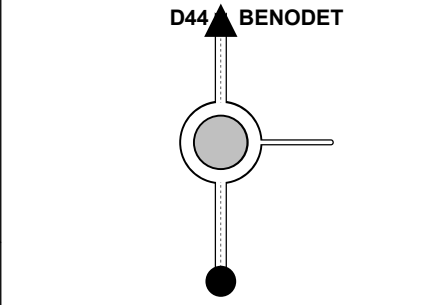
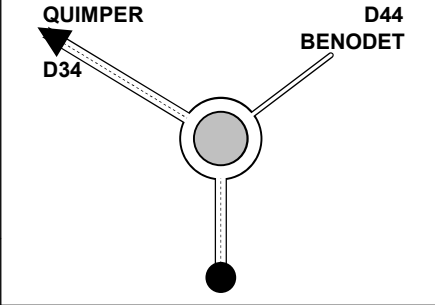
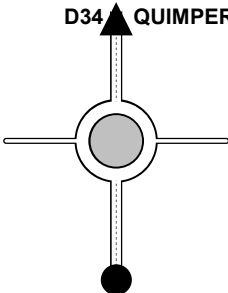
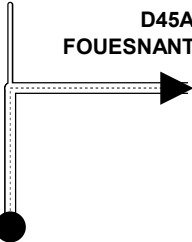
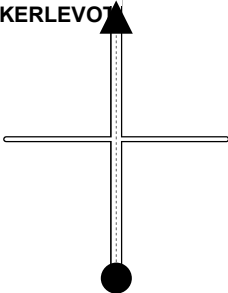
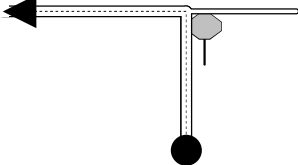
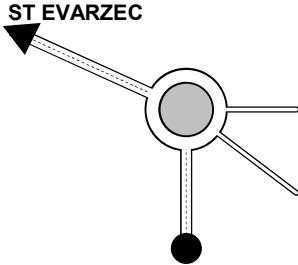


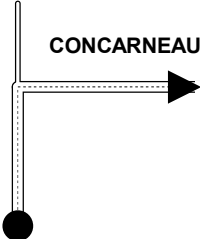
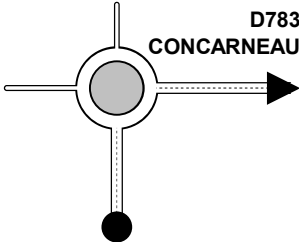
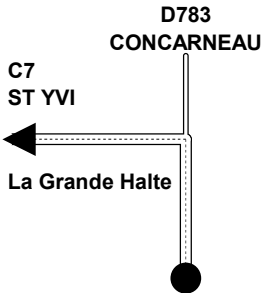
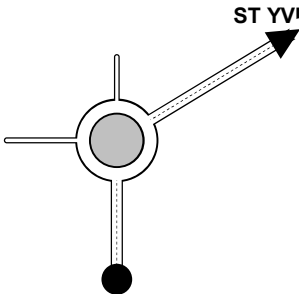
1	Plonéour Lanvern - Landévant	Total page: 1.10 km
0.00		0.00
	DEPART FICTIF	1
0.10		0.10
		2
0.20		0.30
		3
0.50		0.80
	Rue Anatol France	4
0.30		1.10
		5
Copyright: E4 - TDB 2025		

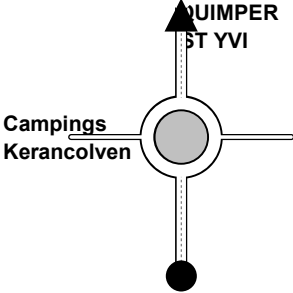
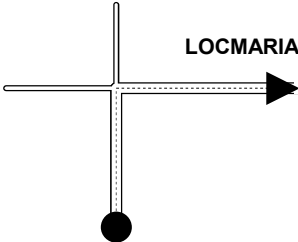
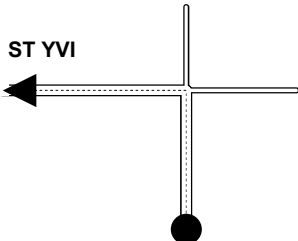
2	Plonéour Lanvern - Landévant	Total page: 5.80 km
0.50		1.60
		6
0.40		2.00
		7
3.40		5.40
		8
1.10		6.50
	DEPART REEL	9
Raz		
0.40		0.40
!	Traversée sinueuse avec aménagements	10
Copyright: E4 - TDB 2025		

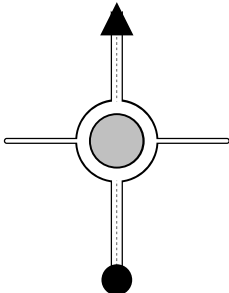
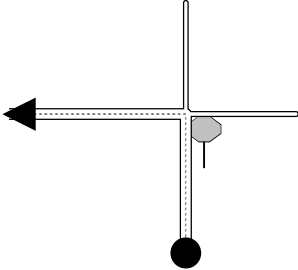
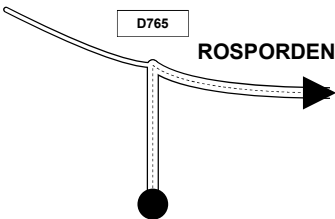
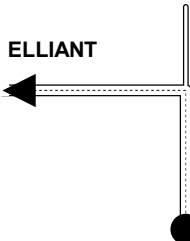
3	Plonéour Lanvern - Landévant	Total page: 3.30 km
0.10		0.50
		11
0.30		0.80
		12
0.30		1.10
		13
1.20		2.30
!	Aménagements routiers	14
1.40		3.70
		15
Copyright: E4 - TDB 2025		

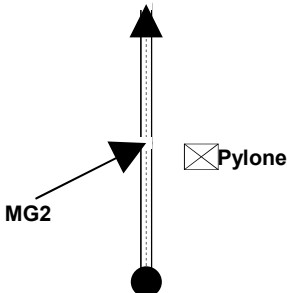
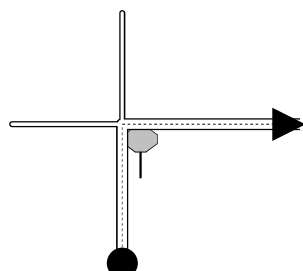
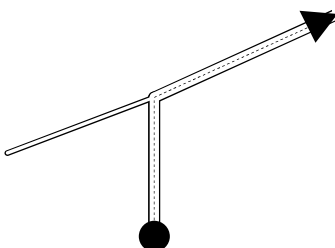
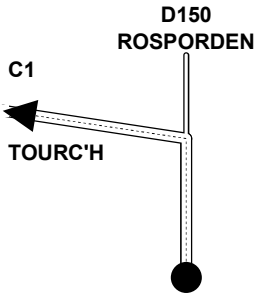
4	Plonéour Lanvern - Landévant	Total page: 7.60 km
2.00		5.70
		16
0.40		6.10
		17
0.70		6.80
		18
1.80		8.60
		19
2.70		11.30
		20
Copyright: E4 - TDB 2025		

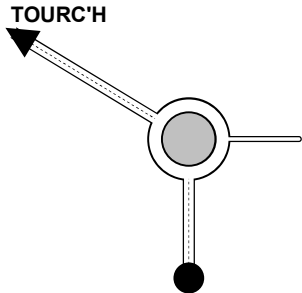
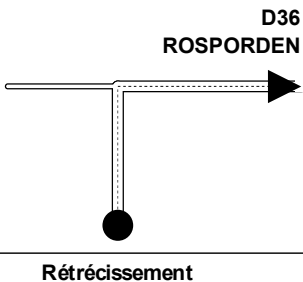
5	Plonéour Lanvern - Landévant	Total page: 9.70 km
1.90		13.20
		21
3.10		16.30
		22
0.70		17.00
		23
1.90		18.90
		24
2.10		21.00
		25
Copyright: E4 - TDB 2025		

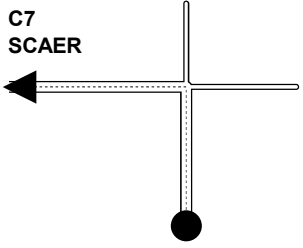
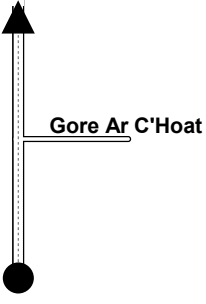
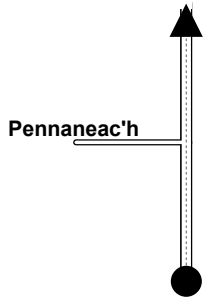
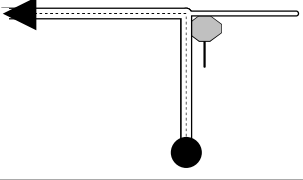
6	Plonéour Lanvern - Landévant	Total page: 5.20 km
0.20		21.20
		26
2.20		23.40
		27
1.90		25.30
		28
0.20		25.50
		29
0.70		26.20
		30
Copyright: E4 - TDB 2025		

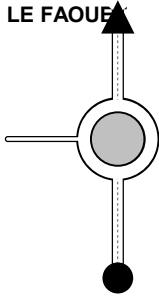
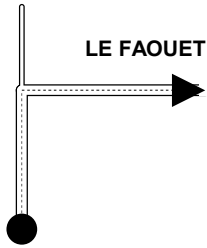
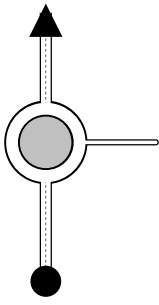
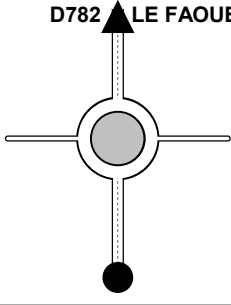
7	Plonéour Lanvern - Landévant	Total page: 4.60 km
0.70	KERGONAN	26.90
		31
1.70		28.60
		32
1.40		30.00
		33
0.60		30.60
		34
0.20	SAINT YVI	30.80
	Traversée sinueuse	35
Copyright: E4 - TDB 2025		

8	Plonéour Lanvern - Landévant	Total page: 1.40 km
0.90		31.70
		36
0.20		31.90
		37
0.10		32.00
		38
0.10		32.10
		39
0.10	SAINT YVI	32.20
	Passage sous pont 3m70	40
Copyright: E4 - TDB 2025		

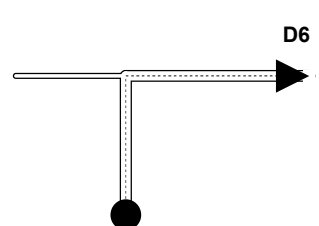
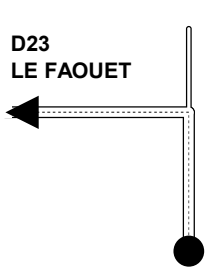
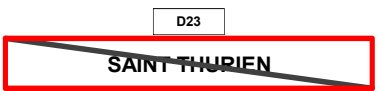
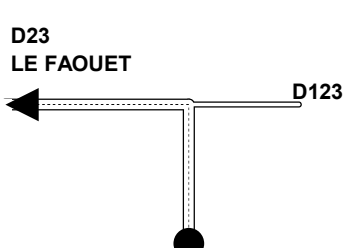
9	Plonéour Lanvern - Landévant	Total page: 5.60 km
2.60		34.80
		41
	MG2 Le Jet 1300m à 5%, passage à 10%	
1.90	ELLIANT	36.70
		42
0.50		37.20
		43
0.50		37.70
		44
0.10		37.80
		45
Copyright: E4 - TDB 2025		

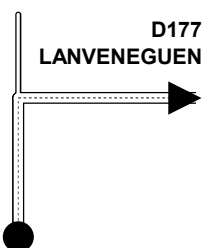
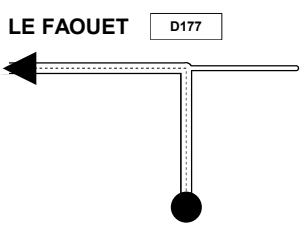
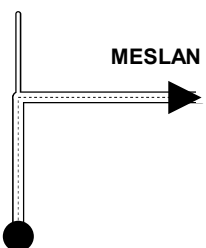
10	Plonéour Lanvern - Landévant	Total page: 7.40 km
0.50	ELLIANT	38.30
		46
2.60		40.90
		47
3.80	TOURC'H	44.70
		48
0.20		44.90
!		49
0.30	TOURC'H	45.20
		50
Copyright: E4 - TDB 2025		

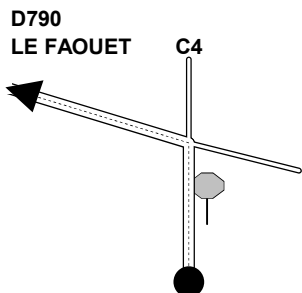
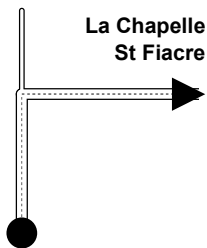
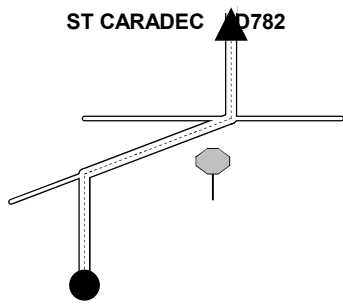
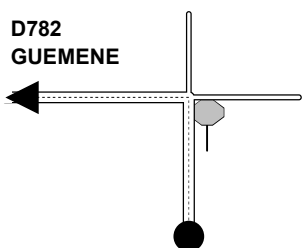
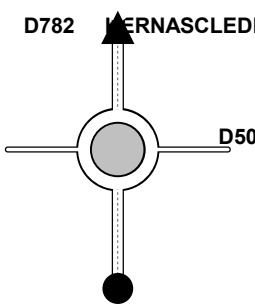
11	Plonéour Lanvern - Landévant	Total page: 5.20 km
1.60		46.80
	Début Zone Ravito 1	51
0.50		47.30
		52
1.70	LOCUNDUFF	49.00
	Fin Zone Ravito 1 Début Zone Déchets 1 (50m après)	53
1.20		50.20
	Fin Zone Déchets 1	54
0.20		50.40
		55
Copyright: E4 - TDB 2025		

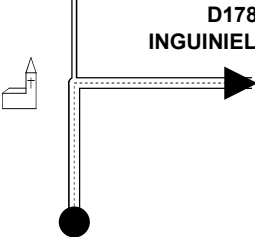
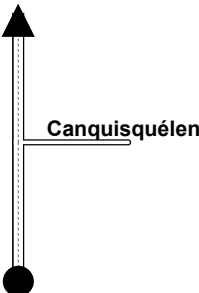
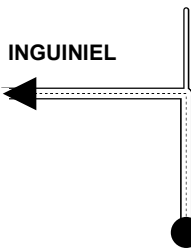
12	Plonéour Lanvern - Landévant	Total page: 5.10 km
4.00		54.40
!	SPRINT INTERMEDIAIRE SCAER	56
0.20		54.60
		57
0.10		54.70
		58
0.40		55.10
		59
0.40		55.50
		60
Copyright: E4 - TDB 2025		

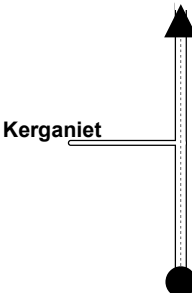
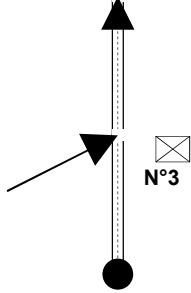
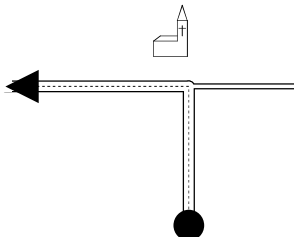
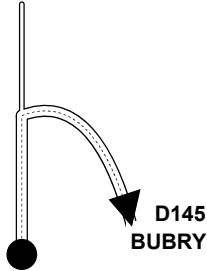
13	Plonéour Lanvern - Landévant	Total page: 7.20 km
1.00		56.50
		61
0.70		57.20
		62
1.50		58.70
		63
2.80		61.50
		64
1.20		62.70
		65
	MG1 Cleumbeuz 700m à 6% de moyenne, passage à 11%	
Copyright: E4 - TDB 2025		

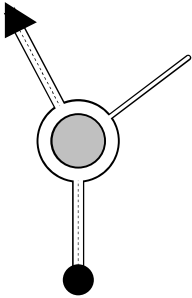
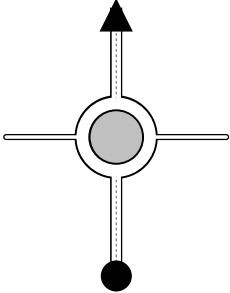
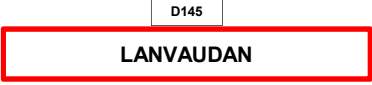
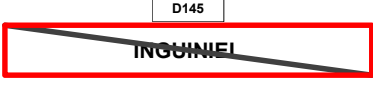
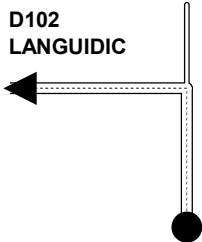
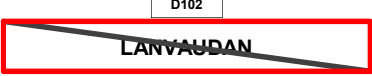
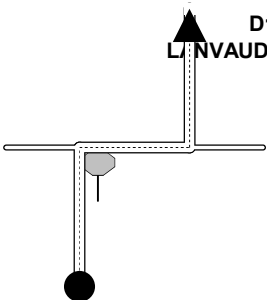
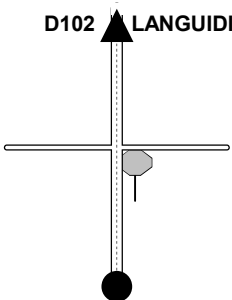
14	Plonéour Lanvern - Landévant	Total page: 10.10 km
0.40		63.10
		66
5.10		68.20
	Aménagements	67
0.50		68.70
		68
0.60		69.30
		69
3.50		72.80
		70
Copyright: E4 - TDB 2025		

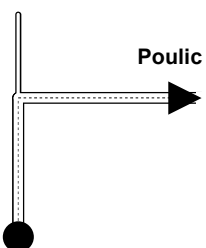
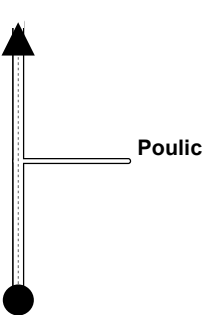
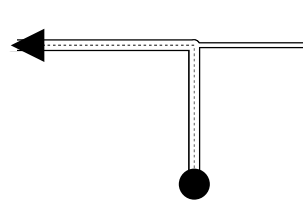
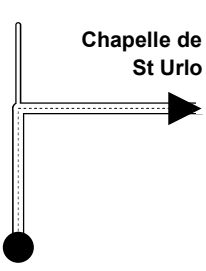
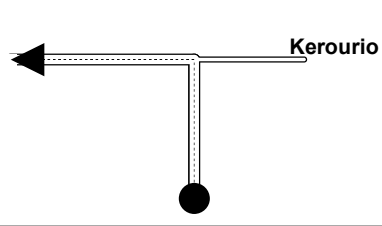
15	Plonéour Lanvern - Landévant	Total page: 5.60 km
0.40		73.20
	Pont étroit	71
3.80	LANVENEGUEN	77.00
	Rétrécissements	72
0.30		77.30
		73
0.40		77.70
		74
0.70	C4 LANVENEGUEN	78.40
		75
Copyright: E4 - TDB 2025		

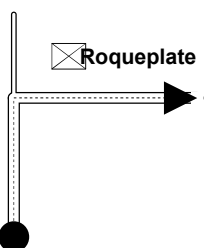
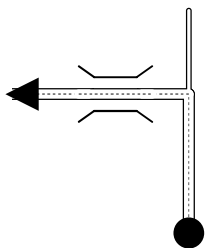
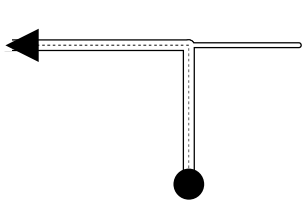
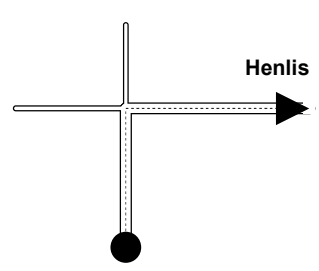
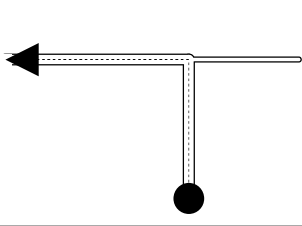
16	Plonéour Lanvern - Landévant	Total page: 19.30 km
3.40		81.80
		76
3.70		85.50
	Rétrécissements	77
1.50		87.00
		78
2.90		89.90
		79
7.80		97.70
		80
Copyright: E4 - TDB 2025		

17	Plonéour Lanvern - Landévant	Total page: 3.90 km
1.80	KERNASCLEDEN	99.50
	Début Zone Ravito 2	81
0.30		99.80
		82
0.70	KERNASCLEDEN	100.50
		83
0.30		100.80
	Fin Zone Ravito 2	84
0.80		101.60
	Pont étroit 300m avant Début Zone Déchets 2	85
Copyright: E4 - TDB 2025		

18	Plonéour Lanvern - Landévant	Total page: 3.40 km
0.60		102.20
	Fin Zone Déchets 2	86
2.40	C3 INGUINIEL	104.60
		87
0.20		104.80
!	SPRINT INTERMEDIAIRE INGUINIEL Rue de la Résistance	88
0.10		104.90
		89
0.10		105.00
	Aménagements urbains	90
Copyright: E4 - TDB 2025		

19	Plonéour Lanvern - Landévant	Total page: 4.20 km	20	Plonéour Lanvern - Landévant	Total page: 9.30 km
0.20		105.20	0.20		109.40
		91			96
0.30		105.50	4.60		114.00
		92		Aménagement urbain	97
0.10		105.60	0.30		114.30
		93			98
3.30		108.90	0.10		114.40
		94			99
0.30		109.20	4.10		118.50
		95			100
Copyright: E4 - TDB 2025			Copyright: E4 - TDB 2025		

21	Plonéour Lanvern - Landévant	Total page: 5.80 km
2.50		121.00
		101
1.10		122.10
	MG1 Villeneuve 1200m à 5% de moyenne, passage à 9%	102
0.50		122.60
		103
0.30		122.90
		104
1.40		124.30
		105
Copyright: E4 - TDB 2025		

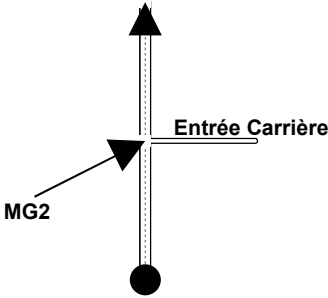
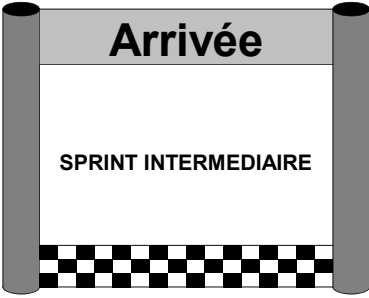
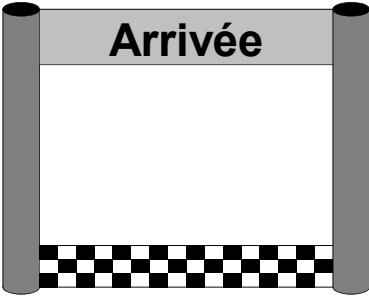
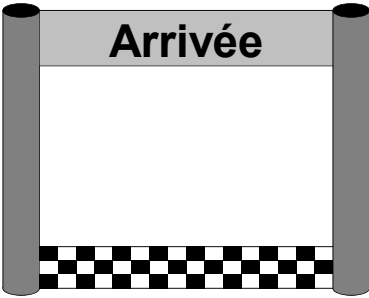
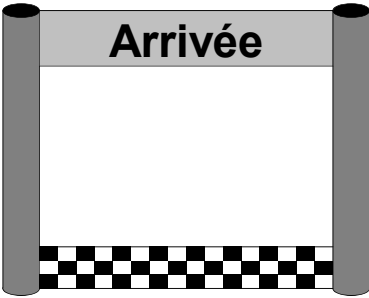
22	Plonéour Lanvern - Landévant	Total page: 4.80 km
0.20		124.50
		106
1.70		126.20
		107
0.20		126.40
		108
0.10		126.50
		109
2.60		129.10
		110
Copyright: E4 - TDB 2025		

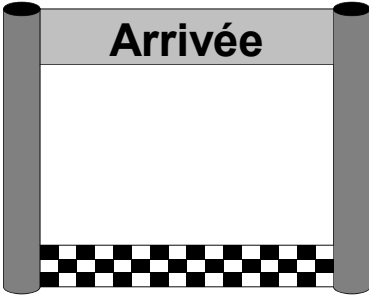
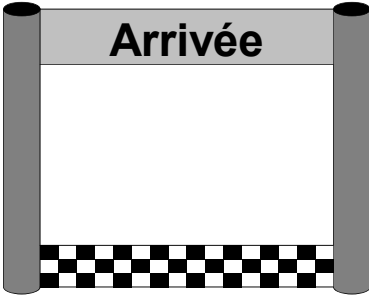
23	Plonéour Lanvern - Landévant	Total page: 12.90 km
0.20		129.30
		111
2.00		131.30
		112
6.00		137.30
		113
3.80		141.10
		114
0.90		142.00
		115
Copyright: E4 - TDB 2025		

24	Plonéour Lanvern - Landévant	Total page: 3.50 km
0.60		142.60
		116
0.40		143.00
		117
1.10		144.10
		118
0.90		145.00
		119
0.50		145.50
		120
Copyright: E4 - TDB 2025		

25	Plonéour Lanvern - Landévant	Total page: 3.00 km
0.30		145.80
		121
0.70		146.50
		122
0.60		147.10
		123
0.30		147.40
		124
1.10		148.50
	Contournement par la gauche	125
Copyright: E4 - TDB 2025		

26	Plonéour Lanvern - Landévant	Total page: 2.80 km
0.30		148.80
	1er passage sur la ligne Rue d'Auray	126
0.10		148.90
	Début Zone Ravito / Zone Déchets Circuit	127
0.10		149.00
		128
0.20		149.20
	Fin Zone Ravito / Zone Déchets Circuit	129
2.10		151.30
	RETOUR ENTREE CIRCUIT	130
Copyright: E4 - TDB 2025		

27	Plonéour Lanvern - Landévant	Total page: 34.70 km	
0.60		151.90	
		131	
	MG2 Kergante 2e passage 700m à 5% de moyenne		
6.20		158.10	
!		132	
	SI 2e passage		
9.30		167.40	
		133	
	3ème passage sur la ligne		
9.30		176.70	
		134	
	4ème passage sur la ligne		
9.30		186.00	
		135	
	5eme passage		
Copyright: E4 - TDB 2025			

28	Plonéour Lanvern - Landévant	Total page: 18.60 km	
9.30		195.30	
		136	
	6ème passage		
9.30		204.60	
		137	
	7ème passage et ARRIVEE		
Copyright: E4 - TDB 2025			